## **Self-Care in the Helping Professions**

A Gestalt Approach

Friday 19<sup>th</sup> – Saturday 20<sup>th</sup> November 2021

10am – 5pm

Application Form

Name:	_
Address:	
Telephone number:	
E-Mail:	_
Profession: (if applicable)	

## **Optional**

Please provide a brief outline of

1. What draws you to this workshop

2. What challenges you have faced personally and professionally as a result of COVID 19 pandemic

Venue: Dublin Gestalt Centre, 66 Lower Leeson Street, Dublin 2

Cost: Costs €180 per person including tea and coffees.

In order to book your place, please send your completed application form to <a href="mailto:sandramullen2002@yahoo.com">sandramullen2002@yahoo.com</a> along with payment of a €50

non-refundable deposit to the following bank account

IBAN IE92AIBK93331782232182

BIC AIBKIE2D

Final Payment due on the Friday  $22^{nd}$  of October 2021

Certificate of attendance will be provided. Please bring a light lunch

Workshop will be facilitated in line with Government guidelines with regard to COVID 19

**Protocols**